

Cheddington Combined School

Enjoying our learning...sharing our success



Subject Overview for PSHE

Date reviewed: September 2024

Next review date: September 2025

Intent, Implementation, and Impact Statement for PSHE at Cheddington Combined School

Intent

The intent of our PSHE (Personal, Social, Health, and Economic Education) curriculum at Cheddington Combined School is to provide our pupils with a well-rounded education that equips them with the knowledge, skills, and attitudes necessary to thrive in a complex, diverse, and ever-changing society. We aim for our PSHE curriculum to provide a strong foundation for our pupils to lead healthy, independent, and successful lives while making a positive contribution to their communities.

Key elements of our intent include:

1. **Inclusivity and Equity:** Our PSHE curriculum is designed to foster an inclusive and equitable learning environment where every pupil's identity, experiences, and perspectives are valued and respected. We recognize and celebrate diversity in all its forms, ensuring our curriculum is sensitive to cultural, social, and individual differences.
2. **Holistic Development:** We aim to support the holistic development of our pupils, nurturing their physical, mental, emotional, and social well-being. Our curriculum addresses a wide range of topics including health, relationships, mindfulness, emotional resilience, safety, wellbeing, and financial capability.
3. **Knowledge and Skills:** Our curriculum has a clear focus on developing pupils' knowledge and understanding of the key concepts related to personal, social, health, and economic education. We also emphasize the development of vital skills such as critical thinking, decision-making, communication, teamwork, empathy, problem-solving, and conflict resolution.
4. **Relevance and Real-Life Context:** We ensure that our PSHE curriculum is relevant and meaningful to our pupils' lives, connecting their learning to real-life situations and challenges. We actively engage with external organisations, experts, and community members to provide authentic learning opportunities and experiences.

Implementation

To ensure the successful implementation of our PSHE curriculum, we adopt a whole-school approach, engaging all staff, pupils, parents, and stakeholders. Our approach includes the following key strategies:

1. **Curriculum Design:** Our PSHE curriculum is carefully designed to ensure continuity, progression, and depth of learning. It follows a spiral curriculum model, revisiting key concepts and building upon prior knowledge to support long-term retention and mastery.
2. **Clear Learning Outcomes:** Each unit of study within our PSHE curriculum has clear and measurable learning outcomes. These outcomes are communicated to pupils,

allowing them to understand what they should know, understand, and be able to do by the end of each unit.

3. **Quality Teaching and Learning:** High-quality teaching is at the heart of our PSHE curriculum. Our teachers not only have excellent subject knowledge but are also skilled facilitators who create a safe and supportive learning environment. They use a range of instructional strategies, including active learning, group discussions, real-life case studies, and interactive resources, to engage pupils effectively.
4. **Opportunities for Pupil Voice:** We believe in giving our pupils an active role in shaping our PSHE curriculum. Pupil voice is embedded within our teaching and learning strategies, with regular feedback and discussions to ensure that the curriculum is relevant, responsive, and reflects the needs and interests of our pupils.
5. **Well-Being and Pastoral Care:** Our PSHE curriculum is complemented by a strong focus on well-being and pastoral care. We have a dedicated team of staff members who provide support, advice, and guidance to pupils, fostering a positive school climate where mental health and emotional well-being are prioritised.
6. **Partnerships and External Resources:** We actively seek partnerships with external organizations, experts, and professionals to enhance the delivery of our PSHE curriculum. These partnerships provide pupils with real-life experiences, up-to-date resources, and trusted guidance, helping them to make informed decisions about their health, relationships, and future pathways.

Impact

Our PSHE curriculum has a profound and lasting impact on our pupils, enabling them to develop the knowledge, skills, and attitudes necessary for personal well-being, positive relationships, and active citizenship. The impact of our PSHE curriculum is evident in the following ways:

1. **Improved Health and Well-being:** Pupils develop a deep understanding of physical and mental health, adopt healthy lifestyles, and demonstrate the ability to make informed choices about their well-being. They show resilience, manage stress effectively, and seek support when needed.
2. **Positive Relationships and Respect:** Pupils are equipped with the skills to develop and maintain positive relationships. They demonstrate empathy, respect, and tolerance towards others, including those from different backgrounds or with different beliefs and opinions.
3. **Safety and Risk Management:** Pupils are knowledgeable about potential risks and dangers in their lives. They develop strategies to keep themselves and others safe, both online and offline.
4. **Financial Capability:** Pupils gain an understanding of managing money effectively, making informed financial decisions, and developing the skills needed for future economic well-being.

5. **Active Citizenship:** Pupils are inspired to be active and responsible citizens, engaging positively with their local and global communities. They demonstrate an understanding of their rights and responsibilities, and are empowered to contribute to social change.

To ensure the impact of our PSHE curriculum, we regularly evaluate its effectiveness through tracking pupil progress, obtaining feedback from pupils, parents, and staff, and making necessary adjustments to meet the evolving needs of our learners.